



2026

DAY 1

7:00 am	Registration Opens
7:15 am – 8:30 am	Breakfast
8:30 – 10:00 am	Opening Session <i>Creating Healing in an Uncertain World</i> —Stephanie S. Covington
10:00 – 10:20 am	Morning Break
10:20 – Noon	Opening Session continues
Noon – 1:00 pm	Lunch
1:00 – 2:45 pm	Core Curriculum Tracks: Attendees select one Track to participate in on both Day 1 and Day 2 • Track 1 - <i>Helping Women Recover</i>—Carol Ackley • Track 2 - <i>Beyond Trauma</i>—Eileen Russo and Maggie Young • Track 3 - <i>Voices: A Program of Self-Discovery and Empowerment for Girls</i>—Candice Norcott • Track 4 - <i>Helping Men Recover</i>—Shane Pugh and Carl Bordeaux
2:45 – 3:05 pm	Afternoon Break
3:05 – 4:30 pm	Core Curriculum Tracks continue
4:30 – 7:00 pm	Break to enjoy dinner on your own
7:00 – 8:30 pm	Evening Session Day 1: <i>Hidden Healers: Justice-Impacted Women</i> —Stephanie S. Covington

DAY 2

7:45 am – 8:30 am	Breakfast
8:30 – 10:00 am	Core Curriculum Tracks continue: Attendees participate in the same Track as Day 1 • Track 1 - <i>Helping Women Recover</i>—Carol Ackley • Track 2 - <i>Beyond Trauma</i>—Eileen Russo and Maggie Young • Track 3 - <i>Voices: A Program of Self-Discovery and Empowerment for Girls</i>—Candice Norcott • Track 4 - <i>Helping Men Recover</i>—Shane Pugh and Carl Bordeaux
10:00 – 10:20 am	Morning Break
10:20 – Noon	Core Curriculum Tracks continue
Noon – 1:00 pm	Lunch
1:00 – 2:45 pm	Core Curriculum Tracks continue
2:45 – 3:05 pm	Afternoon Break
3:05 – 4:30 pm	Core Curriculum Tracks conclude
4:30 – 7:00 pm	Break to enjoy dinner on your own
7:00 – 8:30 pm	Evening Session Day 2: <i>A Woman's Way through the Twelve Steps</i> —Stephanie S. Covington



DAY 3

7:45 am – 8:30 am	Breakfast
8:30 – 10:30 am	Special Topics: Attendees select one of the specialized Topics • Special Topic 1 - <i>Integrating Sexuality into Recovery from Addiction and Healing from Trauma</i>—Vanessa Carlisle • Special Topic 2 - <i>Healing Trauma+ and Exploring Trauma+</i>—Eileen Russo • Special Topic 3 - <i>A Young Man's Guide to Self-Mastery</i>—Shane Pugh • Special Topic 4 - <i>The Trauma-Informed Effective Reinforcement (TIER) System</i>—Tammy Rothschild and Christina Villatoro (nee Cicero)
10:30 – 11:00 am	Morning Break
11:00 – 12:15 pm	Closing Session <i>Endings....and New Beginnings</i> —Stephanie S. Covington